TIME BUDGET TEMPLATE

	TOTAL NUMBER OF HOURS AVAILABLE PER WEEK								168		<-- Based on 24/7. Adjust number to suit your budget.
ACTIVITY DESCRIPTION	TIME IN MINUTES							WEEKLY TOTALS IN MINS	WEEKLY TOTALS IN HRS	BALANCE IN HOURS	NOTES / TAKEAWAY FROM TIME BUDGET
	Su	M	T	W	R	F	Sa				
								0	0.00	168	
								0	0.00	168	
								0	0.00	168	
								0	0.00	168	
								0	0.00	168	
								0	0.00	168	
								0	0.00	168	
								0	0.00	168	
								0	0.00	168	
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								0	0.00	168	
								0	0.00	168	
								0	0.00	168	
								0	0.00	168	
								0	0.00	168	
								0	0.00	168	
GRAND TOTALS	0	0	0	0	0	0	0	0	0	168	DAILY TOTALS SHOULD EQUAL 24 HOURS | 1440 MINUTES